

SMOKE-FREE,

SAFE TRANSPORT

AND

ALCOHOL MANAGEMENT POLICY

Approval and Review

This policy was adopted by the Board of South Australian Runners Club on 24th Oct 2017

This policy was last updated on 23rd Oct 2017

SARRC

RATIONALE

This policy provides the basis for a balanced and responsible approach to the use of alcohol at SARCC events and activities

This policy will help to ensure SARRC:

- Meets its duty of care in relation to the health and safety of our members and others who attend our club functions
- Upholds the reputation of the club, sponsors, partners, staff, board and participants
- Understands the risks associated with alcohol misuse and our role in minimizing this risk

The following requirements will apply to all participants, coaches, marshals, volunteers, staff, visitors, contractors and board at functions and other activities undertaken by SARRC where alcohol may be consumed.

GENERAL PRINCIPLES

In committing to the health and safety of our members, and upholding our Club's values, we will ensure a risk management approach is taken in planning events/activities involving the supply or consumption of alcohol and such events will be conducted and managed in a manner consistent with liquor licensing legislation and this policy.

Coaches, participants, marshals, volunteers, board, contractors and staff

- Must not compete, train, coach or officiate if affected by alcohol
- Must not provide, encourage or allow people aged under 18 to consume alcohol
- Must not participate in or encourage excessive or rapid consumption of alcohol (including drinking competitions)
- Must not pressure anyone to drink alcoholic beverages
- Must accept responsibility for own behaviour and take a responsible approach and use good judgement when alcohol I available

POLICY AND RESPONSIBLE USE OF ALCOHOL PROMOTION

SARRC will promote and celebrate its commitment to the safety and health of our participants by limiting alcohol within the SARRC environment. SARRC will follow the recommendations in regards to

non-compliance with policy, along with SARRC other existing policies, should it ever have to deal with breaches of the document.

ADVERTISING

Advertising for functions will not overemphasise the availability of alcohol or encourage excessive drinking

SAFE TRANSPORT

SARRC recognizes that it has a duty of care to all members and guest involved in SARRC related activities and that driving under the influence of alcohol or drugs is illegal and hazardous to individuals and the wider community. Accordingly, official SAARC functions that involved the consumption of alcohol, SARRC will promote safe travel by encouraging members to:

- Make alternative transport arrangements to get to and from the activity safely
- Plan ahead and arrange overnight accommodation (where relevant)
- Share a taxi (where available) with friends
- Catch public transport (where available)
- Ride with a driver who hasn't been drinking alcohol or taking drugs

SMOKING

SARRC recognizes that environmental (second-hand) tobacco smoke is a health hazard and that nonsmokers should be protected from it. Role modelling can have a significant impact upon junior member and participants and making smoking less visible and less socially acceptable can be advantageous in attracting new participants and spectators as well as positively promoting the club in the community. Smoke-free areas support smokers who are trying to quit as well as reduce their overall cigarette consumption.

Accordingly:

- No images of club volunteers, participants, marshals, coaches, board, and staff members smoking at SARRC activities are to be placed on social media
- Smoke-free areas will be signed (where possible) and promoted
- Functions, including social and fundraising events and meetings, held at SARRC facilities are to be smoke-free and also, where possible, events held away from SARRC primary facilities
- Ensure compliance with all sections of the policy in accordance with legal requirements